

A Photojourney in Yunnan with Douglas Beasley  
March 13-26, 2019



Cover photo by Deborah Saul



LINDEN CENTRE

## A Photojourney in Yunnan with Douglas Beasley March 13 - 26, 2019

Sometimes I do get to places just when God's ready to have somebody click the shutter.

- Ansel Adams

South of the Clouds, there lies a region hidden in the southeast vestiges of the Himalayas, where snow covered mountains tower over 8,000 foot verdant plains, and where whispers from the heavens lead visitors to majestic vistas and timeless villages filled with sun-etched smiling faces and indigo-tinged caresses.

South of the Clouds, memories are created, both spiritually and through the viewfinder of a camera. Shrouded paths, previously reserved for caravans carrying tea and spices to the Silk Road, lead to unveiled providence, where every experience becomes a form of exploration and achievement.

South of the Clouds has always been known as Yunnan- a fabled land of breath-taking scenery, saffron-clad Buddhist monks, exotic ethnic cultures, and year-round Spring-like weather. This region has been the cultural battle ground between many of Asia's leading traditions- Hindu beliefs from the west and the Khmer south, Confucian conventions from the northeast, Tibetan, Thai and Burmese Buddhist teachings from the north and southwest. All of these cultures have left a lasting impression on the local people and their unique iconography. Yunnan is a paradise just waiting for Adams's someone to come click the shutter.

Doug Beasley, an accomplished professional photographer for more than 25 years, will lead and mentor this workshop and tour. As founder and director of Vision Quest workshops, Beasley provides photography workshops that emphasize personal expression and creative vision. He also shoots various fine art commercial assignments throughout the world. For more information on this acclaimed photographer, please visit [www.douglasbeasley.com](http://www.douglasbeasley.com).

Join us in a unique opportunity to bring your photography to the next level. Whether you are considering becoming a professional photographer or just interested in how to take better travel photographs, this workshop can help you achieve your goals. We will spend days photographing in exotic locations, as well as engage in group critiques, portfolio reviews and presentations.

*When words become unclear, I shall focus with photographs.  
When images become inadequate, I shall be content with silence.*  
- Ansel Adams

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## TRIP DETAILS

**March 13-26, 2019 14 Days \$4995**

Fare includes all domestic travel, all accommodations, meals, workshop fee, and all activities and cultural services. International airfare is also included from Los Angeles International Airport- to China and back.

### **Maximum Group Size: 16**

While the Linden Centre can comfortably accommodate 30 people, this group is limited to 16 to ensure that all guests can receive personal attention from the Centre's teachers and the Lindens. Many workshops will be hands-on, thus the lower number of guests will ensure ample participation.

To ensure that all can stay within the Centre, we highly encourage double occupancy with a loved one, friend, or colleague, but can assist in finding you an appropriate roommate. Requesting a single room for the duration of the trip is \$600 and subject to availability. All rooms are non-smoking.

### **PROPOSED ITINERARY**

#### **Wednesday March 13: Late evening departure from Los Angeles**

Guests who decide to book their air travel with us, will depart from LAX in the late hours of the 13th. The flight over the Pacific will cross the International Date Line, thus arriving in China on the morning of the 15th.

#### **Friday March 15: Arrival to the Linden Centre**

We will meet you at the Dali Airport and travel an hour in a private bus through the fertile plains between Lake Er, China's sixth largest lake, and the 14,000 foot snowcapped Cang Shan mountains, the southeast vestiges of the Himalayas. After checking into the Centre, which is located in the renowned and protected heritage village of Xizhou, we will have an orientation and a local lunch cooked by the Linden Centre's chefs. You will have time to rest and get acquainted with the area. We will take you on an afternoon walk through the village and learn about the architectural traditions of the Bai people. Xizhou village is small and charming, and this initial walking tour will give you confidence to venture out later on your own or with a Linden Centre guide. Doug will present his first workshop today.

#### **Saturday March 16: Xizhou Village- The Portrait**

Our first full day of Linden Centre activities will include Western and/or Chinese breakfast followed by a visit to the morning markets of Xizhou for interaction with the local villagers. These traditionally clad neighbors are incredibly photogenic, as is the myriad of new fruits and vegetables adorning their stands.

Throughout your stay, we encourage you to walk to the market every morning with our staff and chefs to pick out foods for the days' meals. Xizhou is filled with antique shops, and even some of the locals find things in the fields and surrounding mountain villages and offer them for sale.



Brian and Jeanee, who deal in Asian antiques and arts in Wisconsin, can assist any interested buyers and advise on prices and export restrictions. After a delicious lunch, we will ride carts to the shores of Lake Erhai.

### **Sunday March 17: Ancient Town of Dali**

After morning time with Doug we will drive 10 miles south to the ancient walled city of Dali. Dali was the capital of the Nanzhao and Dali Kingdoms which dated from roughly 700-1300 A.D. Marco Polo was sent to Dali by the Mongol ruler, Kublai Khan, to help negotiate a peace treaty between the Yuan Dynasty and the local Bai rulers. The negotiations failed, and Kublai Khan personally invaded Dali with a Mongol army in the 14th century. Dali has colorful boutiques, cafes, restaurants and traditional craftsmen. There is also a "Western Area" where one can get western style food in a few excellent restaurants and bakeries. Dali is a great city for people watching and photo opportunities. Since China's opening to the world in 1979, Dali has been considered as the most laid backed destination in China. We will also make a stop at one of our favorite local temples, The Guanyin (Goddess of Mercy) Temple. Guanyin is very revered in Dali and is considered a special place for Buddhists. In the late afternoon, we return for dinner and photographic storytelling.

### **Monday March 18: Zhoucheng Tie-Dye Village**

Three miles north of Xizhou is the largest intact ethnic village in Yunnan- Zhoucheng. This historic site is renowned for its tie-dye/cloth-making tradition. We will congregate in a traditional courtyard home where three generations of Bai villagers make tie-dye cloth as a living. The three generations will demonstrate and teach us how to do this ancient craft. After a traditional lunch, we will walk the cobbled-stone paths past the Nine Dragon Well temple to Zhoucheng's picturesque town square. The square, which hosts its outdoor market has a Qing Dynasty performance stage and is shaded by centuries' old canopied Banyan trees. We will have ample time to capture the colors of the lively marketplace that unfolds in this timeless setting.

### **Tuesday March 19: Touching the Sacred-A Journey up to Weishan**

Today we will take you on a hiking tour of the Cang Mountains. The Cang Mountains are an extension of the Himalayas from the Tibetan Qinghai range. Our journey will take us to a nunnery, a ride on a gondola and hike to reach a beautiful waterfall and pools. We will keep a leisurely pace that will ensure that you will have time to take pictures, perhaps even spotting an elusive red panda.

### **Wednesday March 20: The Art of Tea Tasting**

Yunnan has a long history of growing and making tea and the grand homes of Xizhou were built on the proceeds from trading this homegrown commodity. The brand of Pu'er tea was born along the ancient Tea and Horse Road when the tea was carried from southern Yunnan to the highlands of Tibet. The tea naturally fermented on the backs of the mules and the flavor of the tea had turned into a rich full-bodied flavor favored by the Tibetan people.



We will learn about how you brew, drink and enjoy the Yunnan way. We will also learn how to they make traditional felt crafts with the sheep's wool from the Cang Mountains.

### **Thursday March 21: Last day at the Centre- Cooking Together**

This is our last day the Centre before moving our journey northward. There is free time in the morning to wander, take a bike ride, and make last minute purchases or to get ready for tonight's photo sharing time. For our last meal in Xizhou, we join up at the Linden Commons cooking school to have fun together making dinner. We will delight you with some new recipes that will tantalize your palette and leave you with recipes to take home to share with your friends and family. We hope you can recapture the flavors of Yunnan home-style cooking.

### **Friday & Saturday March 22-23: Shaxi**

After breakfast, we will travel 2 hours north into the mountains to visit Shaxi and Shibao Mountain. These spectacular peaks are dotted with Tang Dynasty (ca. 618-907) Buddhist caves and statues carved straight into the rocks. Shaxi, a caravan town on the ancient Tea and Horse road has a market square now protected under the World Monuments Watch list and is being preserved by local and international groups. Friday is market day where you find the local people coming from all over the mountainsides to trade and buy their weekly goods. One the second day, we will take a beautiful hike to see the natural stone formations of Shibao Mountain and the famed grottoes and temples.

### **Sunday & Monday March 24-25: Lost Horizons**

After breakfast our bus will climb four thousand feet to arrive on the Tibetan plateau and its first major trading site- Zhongdian. This city was renamed Shangri-La, an imaginary paradise taken from James Hilton's renowned book-Lost Horizons, and has served for centuries as one of the first trading outposts on the Tibetan plateau. Along the way, we can view the 18,000 foot Jade Dragon Snow Mountain and the 17,700 foot Haba Snow Mountain in the distance. Shangri-La's old city and the surrounding area offer endless photography opportunities. We will escort you to one of the most important Tibetan Buddhist monasteries in the world- the Songzanlin complex and visit a local school that teaches the art of Thangka painting to talented but underprivileged Tibetans.

### **Tuesday March 26: Thank You**

Sadly, today our journey ends. After breakfast, we will accompany you to the Zhongdian Airport in time for your flight to Kunming and beyond.



## Summary

**What:** 14 day cultural excursion and photography tour in Yunnan, China.

**When:** March 13-26, 2019

**Who :** Anyone who wishes to explore the romanticism and spirituality of the 'true' China. The traveler who hopes to experience many different cultural challenges and capture those differences through photos.

**Cost: \$4,995** Includes Round trip international airfare - Outbound LAX to Dali, Inbound Shangri-la to LAX, domestic travel after arrival, all accommodations, most meals unless specified, and all activities and cultural services. Single supplement is an extra \$600. **Medical evacuation insurance is included with round trip air ticket and tour price. Trip insurance is recommended and will be offered for purchase separately. All guests should be fit to travel at altitudes of 11,500 feet and should be able to walk at least 5 miles on uneven ground.**

**Group Size:** This tour group is limited to 16 people to ensure that all participants receive more personal attention from the staff. Our minimum group size is 10 people; we reserve the right to cancel any tour if the minimum size is not met. All rooms are non-smoking.

**Not included:** Guests are responsible for obtaining their own Chinese visa, costs related to alcohol, beverages not included in regular meals, laundry, personal items, souvenirs, and long distance telephone calls. Airfare to and from Los Angeles. Trip interruption and cancellation insurance is not included but highly recommended.

The Lindens have been living in China since 1984. Their twenty-plus years of contacts will ensure that all participants see and experience aspects of China unknown to other visitors. For most of their previous guests, the experiences throughout these regions of China have been among the most memorable in their lives. Please come and enjoy an indigenous travel experience to one of the world's most storied cultures.

**How to reserve space for the tour:** Contact us for Reservation Form and Contract or visit [www.linden-centre.com](http://www.linden-centre.com). Call and/or email us to reserve space and mail your forms and a check for \$500 or cc information. Initial and sign the Tour Contract and Contract Terms and Conditions. Keep a copy for your records.

